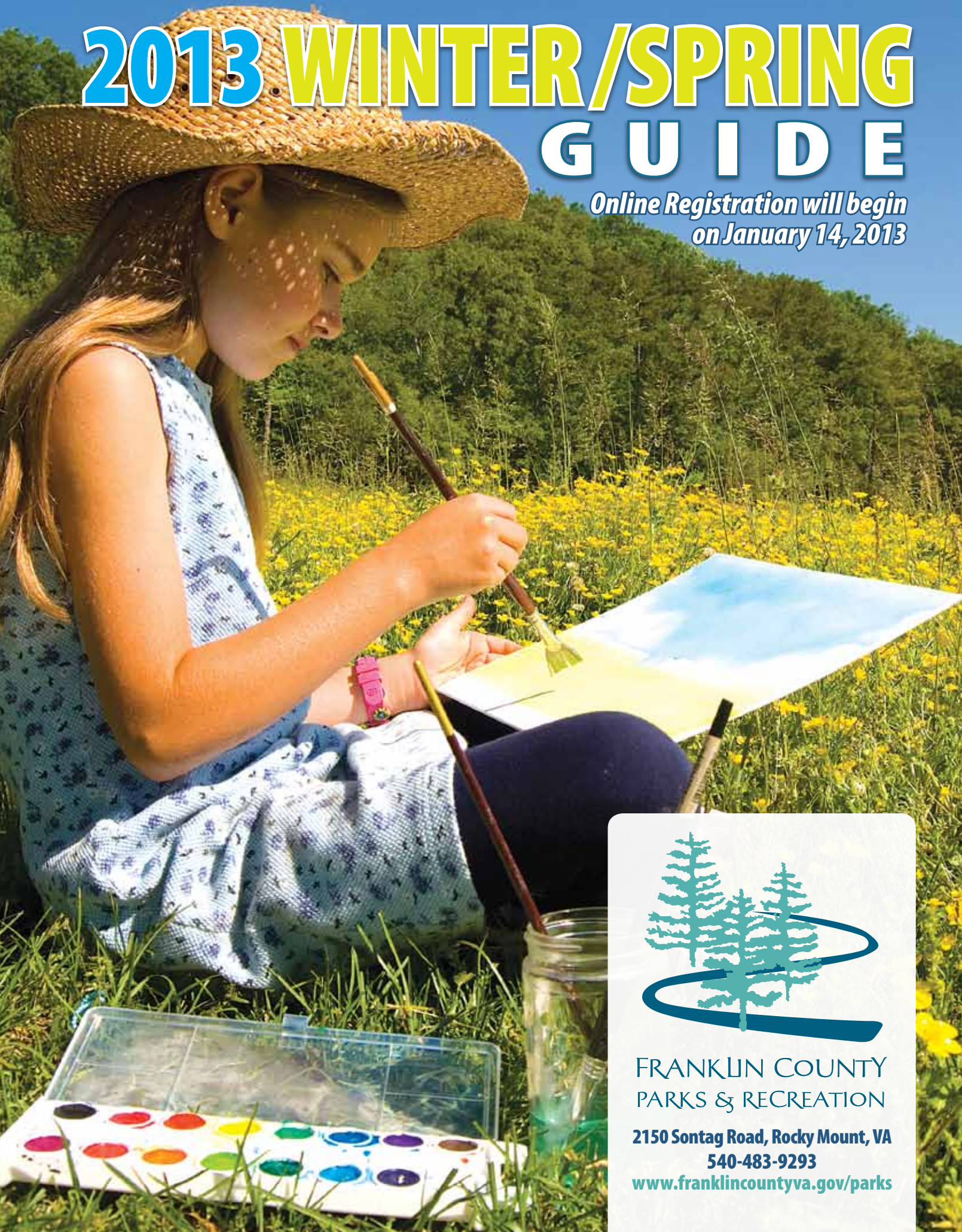


2013 WINTER/SPRING GUIDE

*Online Registration will begin
on January 14, 2013*



FRANKLIN COUNTY
PARKS & RECREATION

2150 Sontag Road, Rocky Mount, VA
540-483-9293

www.franklincountyva.gov/parks



STAFF



Director of Commerce & Leisure Services	Michael Burnette	540-483-3030	mburnette@franklincountyva.org
Tourism & Special Events Manager	Debra Weir	540-483-9293 ext 5	debraweir@franklincountyva.org
Recreation Programs Manager	Marcia Cramblitt	540-483-9293 ext. 3	mcramblitt@franklincountyva.org
Youth Programs Coordinator	Nikki Custer	540-483-9293 ext. 7	nikkicuster@franklincountyva.org
Games Official Coordinator	Terry Miller	540-420-5991	terrymiller1962@yahoo.com
Park Systems Manager	Bobby Pruitt	540-483-9293 ext 4	bobbypruitt@franklincountyva.org
Parks Superintendent	Danny Chitwood	540-483-9293 ext 6	danchitwood@franklincountyva.org
Maintenance Worker	Bill Mason	540-483-8024	
Maintenance Worker	Ricky Martin	540-483-9293	
Administrative Coordinator	Sarah Holley	540-483-9293 ext 1	sholley@franklincountyva.org
Secretary/Receptionist	Vacant	Vacant	Vacant

RECREATION ADVISORY COMMISSION MEMBERS

Blackwater District	Al Flora	540-420-6569	owlcatflo@gmail.com
Blue Ridge District	Gary Holden	540-365-3343	gholden@ferrum.edu
Boone District	Richard Arrington	540-721-2868	rick.arrington@dcjs.virginia.gov
Gills Creek District	Reba Dillon	540-721-1669	rsd@netzero.com
Rocky Mount District	Vacant	Vacant	Vacant
Snow Creek District	Freeman Witcher	540-483-8653	fwitcher@b2xonline.com
Union Hall District	Vacant	Vacant	Vacant
At Large Member	Kay Saleeby	540-483-1678	kaysaleeby@hotmail.com

ATHLETICS

YOUTH BASEBALL- Ages as of May 1, 2013

Ages:	5-6	Coach Pitch League
	7-8	Instructional League
	9-10	Little League Minors
	11-12	Little League Majors
	13-14	Dixie Boys League
	15-19	Dixie Majors League (This league does not start until late May)
Cost:	Pre-requisite \$20 Annual Registration Fee*	
Reg. Deadline:	Friday, March 1, 2013	
Season:	March-July	

The 9-10 year old boys will have player evaluations on March 9th at 11:00am at Waid Park. The 11-12 year old boys will have player evaluation on March 9th at 1:00pm at Waid Park. The 13-14 year old boys will have player evaluations on March 9th at 1:00pm at Waid Park. All ages may come on March 10th from 2:00pm-4:00pm to be evaluated. If child is not able to make March 9th or 10th the makeup dates will be on March 16th & 17th using the same times as the previous weekend. Games will begin in mid April. These leagues typically play games at the Recreation Park, Waid Park and Larc Field.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information:	Ages 5-6	Ed Peterson @ 540-420-1701
	Ages 7-8	Terry Miller @ 540-420-5991
	Ages 9-10	Harry Townsend @ 540-484-3050
	Ages 11-12	Mark Turner @ 540-521-5442
	Ages 13-14	Elbert Powell @ 540-483-0301
	Ages 15-19	Terry Miller @ 540-420-5991

YOUTH CHALLENGER BASEBALL LEAGUE- Ages as of May 1, 2013

Ages:	5-18
Cost:	Pre-requisite \$20 Annual Registration Fee*
Reg. Deadline:	Friday, March 1, 2013
Season:	March-July

The Challenger Baseball League is a division of National Little League Baseball that provides boys and girls with mental and/or physical disabilities the opportunity to experience the fun of playing baseball. Games will begin in mid April. These leagues typically play games at the Benjamin Franklin Middle School.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information: Terry Miller, 540-420-5991

YOUTH T-BALL - Ages as of May 1, 2013

Ages:	4-5
Cost:	Pre-requisite \$20 Annual Registration Fee*
Reg. Deadline:	Friday, March 1, 2013
Season:	March-June

Teams are formed based on age and school districts. Coaches will meet mid March to receive rosters/ equipment and choose practice times. Practices will begin in late March. Games will begin in mid April. The game schedule is 8 weeks long with 2 weeks reserved at the end for makeup games. Games for this league are played at Lions Field on State Street in Rocky Mount. If you are interested in coaching please contact Nikki Custer, Youth Programs Coordinator.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information: nikkicuster@franklincountyva.org or 540-483-9293

YOUTH GIRLS FASTPITCH SOFTBALL- Ages as of May 1, 2013

Leagues:	8 & Under
	10 & Under
	12 & Under
	14 & Under
	18 & Under
	(18 year olds are eligible if they have not yet graduated high school)
Cost:	Pre-requisite \$20 Annual Registration Fee*
Reg. Deadline:	Friday, March 1, 2013
Season:	March-June

Teams are formed based on age and school districts. Coaches will meet mid March to receive rosters/ equipment and choose practice times. Practices will begin in late March. Games will begin in mid April. The game schedule is 8 weeks long with 2 weeks reserved at the end for makeup games. This league typically plays games at the Recreation Park. If you are interested in coaching please contact Nikki Custer, Youth Programs Coordinator.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information: nikkicuster@franklincountyva.org or 540-483-9293

YOUTH INDOOR SOCCER - Ages as of January 6, 2013

Ages:	U10	Coed League
	U11-U14	Boys League
	U11-U14	Girls League
	U15-U18	Boys League
	U15-U18	Girls League
	(18 year olds are eligible if they have not yet graduated high school)	
Cost:	\$35.00 per player	
	\$280.00 per team (maximum of 8 players per team)	
Season:	Sundays, January 6- February 17, 2013	
Location:	Franklin County High School	

This is the Franklin County Futsal League that is organized by Franklin County Star Soccer Club and the Franklin County High School Boys and Girls Soccer. This is a 5 on 5 league that will have a minimum of a 7 game season that will be played at Franklin County High School.

For More Information: bscott@roanokestar.com or tj.shepardson@frco.k12.va.us



YOUTH CO-ED SPRING SOCCER - Ages as of May 1, 2013

Ages: 4-5 Instructional League
6-7 Modified League
8-9 Minor League
10-11 Major League
12-13 Junior League
14-18 Senior League
(18 year olds are eligible if they have not yet graduated high school)
Cost: Pre-requisite \$20 Annual Registration Fee*
Reg. Deadline: Friday, March 1, 2013
Season: March-June

Teams are formed based on age and school districts. Coaches will meet mid March to receive rosters/equipment and choose practice times. Practices will begin in late March. Games will begin in mid April. The game schedule is 8 weeks long with 2 weeks reserved at the end for make up games. Games for these leagues are played at Waid Park and Recreation Park. If you are interested in coaching please contact Nikki Custer, Youth Programs Coordinator.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information: nikkicuster@franklincountyva.org or 540-483-9293

YOUTH BOYS LACROSSE - Ages as of August 31, 2012

Ages: 7-14
Cost: Pre-requisite \$20 Annual Registration Fee*
\$60.00 League Fee
Season: March-May
Registration: Forms can be found online at www.franklincountytx.com. Those interested can register by email: fdaxclub@gmail.com, by phone at 540-797-3534, or by mail at P.O. Box 937 Hardy, VA 24101. Checks should be made payable to FC Lacrosse Club.

The Franklin County Lacrosse Club Inc. is a non-profit organization dedicated to organizing, developing and promoting the sport of Lacrosse in Franklin County and surrounding areas.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information: fdaxclub@gmail.com or 540-797-0255

YOUTH GIRLS LACROSSE - Ages as of May 1, 2013

Ages: 8-15
Cost: Pre-requisite \$20 Annual Registration Fee*
Season: March-May
Reg. Deadline: Friday, March 1, 2013

Lacrosse combines the skills of basketball, soccer, and hockey into a fast paced, high endurance test of strength and agility. With a playing area roughly the size of a football field there is a high demand for speed and strength. The training is rigorous and focused. Dedication is required to succeed. Struggling physically also helps build a person mentally. Pushing through and making a goal builds confidence and commitment. The hard work that goes into this sport helps develop a strong character, one that will benefit a person for years to come and help them endure other things in life unrelated to the game. The athleticism, skills and finesse needed are pulling kids from all over to engage in Lacrosse. Get your child signed up today!

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013. Any registrations received after Friday, March 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, March 29, 2013.*

For More Information: nikkicuster@franklincountyva.org or 540-483-9293

***NEW* SPEED ACADEMY CLASSES (4 weeks)**

These lessons are for young athletes who want to improve speed, strength, agility and reduce injury for all sports. Workouts will focus on increasing acceleration, deceleration, agility, balance, flexibility, strength and power. The goals of these classes are to provide an affordable, well-rounded strength and conditioning program that offers participants an opportunity to get faster, quicker and stronger! **CHOOSE THE MONTH OR MONTHS YOU WANT TO PARTICIPATE!**

Ages: 8-18
Time: 6:30pm-7:30pm
Cost: \$100.00 per month
Dates: Wednesdays, February 6, 13, 20, 27, 2013
Wednesdays, March 6, 13, 20, 27, 2013
Wednesdays, April 3, 10, 17, 24, 2013
Location: Burnt Chimney Elementary School Gym
Reg. Deadline: One Week Prior To Class
Instructor: Carlton Weatherford, 434-251-1095

YOUTH SPRING TENNIS LESSONS (6 weeks)

These lessons are for children who want to try the game of tennis. Come learn from a previous Hardcourt Champion!

Ages: 6-8 6:00pm-6:45pm
9-12 7:00pm-8:00pm
Cost: \$60.00
Dates: Tuesdays, April 2-May 7, 2013
Location: Franklin County Parks & Recreation Tennis Courts
Reg. Deadline: Tuesday, March 26, 2013
Instructor: Pete Hofsteter, 540-797-5253

CHEER AMERICA CLASSES (15 Weeks)

Students are taught cheerleading techniques such as cheers and chants with arm motions, jumps, leaps, and mounts. Students are also taught pom dance routines.

Ages: 4 & up
Cost: \$8.00 registration fee & \$7.00 per class
Dates: Tuesdays, January 29-June 4, 2012
(No classes on March 12, April 23 & May 21)
Registration: Tuesday, January 29, 2013 Ages 4-6 5:45pm-6:30pm
Tuesday January 29, 2013 Ages 7+ 6:30pm-7:15pm
Location: Windy Gap Elementary School
Instructor: Ashley Grice & Callie Angle, franklincountycheeramerica@yahoo.com

ADULT MEN'S SOFTBALL LEAGUE

Get your team registered today! This is a self-officiated league that will play on Sunday afternoons and is a great way to get some physical activity, have fun, and socialize. Register online or obtain a roster from our website.

Ages: 15 & up
Cost: \$100.00 per team
Season: March-June
Location: Franklin County Parks & Recreation Field #1
Reg. Deadline: Friday, March 15, 2013

ADULT WOMEN'S QUADS SAND VOLLEYBALL LEAGUE

Get your team registered today! This is a self-officiated league and is a great way to burn some energy while having fun. A game ball will be provided to each team. Register online or obtain a roster from our website.

Ages: 15 & up
Cost: \$50.00 per team
Season: March-June
Location: Franklin County Parks & Recreation Sand Volleyball Court
Reg. Deadline: Friday, March 15, 2013

ADULT SPRING TENNIS LESSONS (6 weeks)

It is never too late to learn a new sport. These classes are for beginners and intermediate players. Participants will be matched according to their skill level. The game of tennis is a great way to get some physical activity.

Ages: 13 & up
Cost: \$60.00
Time: 6:30pm-7:30pm
Dates: Thursdays, April 4-May 9, 2013
Location: Franklin County Parks & Recreation Tennis Courts
Reg. Deadline: Thursday, March 28, 2013
Instructor: Pete Hofsteter, 540-797-5253



ARTS



***NEW* TEEN POTTERY CLASSES (4 weeks)**

There is something very magical about teens when they are thinking and working creatively. Once they learn to express and execute their personal visions in clay, they can become empowered in ways that go far beyond the walls of the ceramic studio or classroom! We believe that they should not be limited in finding their potential. When they are open to new ideas and experiences, they can create ANYTHING in their lives!

CHOOSE 1 SERIES OF CLASSES.

Ages: 11-18
Cost: \$160.00 (includes clay, glazes, tools, use of pottery wheel & kiln)
Dates: Mondays, February 4, 11, 18, 25, 2013
 Mondays, March 4, 11, 18, 25, 2013
 Mondays, April 8, 15, 22, 29, 2013
Time: 4:00pm-6:00pm
Location: The Rocky Mount Center for the Arts @ The Grainery Building
 220 Franklin Street Rocky Mount, VA 24151
Reg. Deadline: One Week Prior To Class
Instructor: Carolyn Rogers, 540-483-1317

***NEW* TEEN POTTERY CLASSES (4 weeks)**

There is something very magical about teens when they are thinking and working creatively. Once they learn to express and execute their personal visions in clay, they can become empowered in ways that go far beyond the walls of the ceramic studio or classroom! We believe that they should not be limited in finding their potential. When they are open to new ideas and experiences, they can create ANYTHING in their lives!

CHOOSE 1 SERIES OF CLASSES.

Ages: 11-18
Cost: \$160.00 (includes clay, glazes, tools, use of pottery wheel & kiln)
Dates: Fridays, February 1, 8, 15, 22, 2013
 Fridays, March 8, 15, 22, 29, 2013
 Fridays, April 5, 12, 19, 26, 2013
Time: 4:00pm-6:00pm
Location: The Rocky Mount Center for the Arts @ The Grainery Building
 220 Franklin Street Rocky Mount, VA 24151
Reg. Deadline: One Week Prior To Class
Instructor: Carolyn Rogers, 540-483-1317

***NEW* BEGINNER'S DRAWING/PAINTING CLASSES (4 weeks)**

This class helps build self-esteem as you take pride in the works of art you create. It helps to develop problem-solving skills, especially when faced with design, color, and perspective. Students will improve their sensory awareness and improve their manual dexterity. Skills of basic drawing and painting with acrylics will be taught. **CHOOSE 1 SERIES OF CLASSES.**

Ages: 8 & up
Cost: \$150.00 (all paints, brushes, stretched canvasses, easels, drawing utensils, paper, etc. will be provided at classes)
Dates: Thursdays, February 7, 14, 21, 28, 2013
 Thursdays, March 7, 14, 21, 28, 2013
 Thursdays, April 4, 11, 18, 25, 2013
Time: 4:00pm-6:00pm
Location: The Rocky Mount Center for the Arts @ The Grainery Building
 220 Franklin Street Rocky Mount, VA 24151
Reg. Deadline: One Week Prior To Class
Instructor: Carolyn Rogers, 540-483-1317

WAID SPRING PINT SIZE PICASSOS CLASSES (6 weeks)

Come learn about textures, colors, paints, and creating art. Be ready to have fun, get messy and explore the world of art.

Ages: 4-6
Cost: \$30.00
Dates: Tuesdays, April 9-May 14, 2013
Time: 6:00pm-6:45pm
Location: Studio in the Park @ Waid Park
Reg. Deadline: Tuesday, April 2, 2013
Instructor: Melissa Allen, 540-493-2151

WAID SPRING YOUNG ARTIST STUDIO CLASSES (6 weeks)

Let your imagination guide you to create sculptures, paintings, collages, drawings and more! Come dressed ready to have fun, get messy, and be artistic with your friends.

Ages: 7-12
Cost: \$30.00
Dates: Tuesdays, April 9-May 14, 2013
Time: 7:00pm-8:00pm
Location: Studio in the Park @ Waid Park
Reg. Deadline: Tuesday, April 2, 2013
Instructor: Melissa Allen, 540-493-2151

DUDLEY SPRING PINT SIZE PICASSOS CLASSES (6 weeks)

Come explore drawing, coloring, collages, painting, textures, and creating masterpieces. Come dressed ready to have fun, get messy, and explore the world of art.

Ages: 4-6
Cost: \$30.00
Dates: Thursdays, April 11-May 16, 2013
Time: 5:00pm-6:00pm
Location: Dudley Elementary School
Reg. Deadline: Thursday, April 4, 2013
Instructor: Melissa Allen, 540-493-2151



DUDLEY SPRING YOUNG ARTIST CLASSES (6 weeks)

Let your imagination guide you to create sculptures, paintings, collages, drawings, and more! Come dressed ready to have fun, get messy, and be artistic with your friends.

Ages: 7-12
Cost: \$30.00
Dates: Thursdays, April 11-May 16, 2013
Time: 6:00pm-7:00pm
Location: Dudley Elementary School
Reg. Deadline: Thursday, April 4, 2013
Instructor: Melissa Allen, 540-493-2151

LIFE SKILLS

***NEW* TIPS FOR GROCERY SHOPPING ON A BUDGET WORKSHOP**

Review ways to get the most for your money. You will learn how to budget, plan meals and snacks, and make a shopping list. Learn what to look for while grocery shopping and how to compare food items.

Cost: \$15.00
Date: Monday, January 21, 2013
Time: 6:00pm-7:30pm
Location: The Angle Dining Restaurant
Reg. Deadline: Monday, January 14, 2013
Instructor: Gabor Bede, 540-493-8391

***NEW* BUTCHERING & BASIC SAUCES WORKSHOP**

Learn how to use the knife safely and efficiently. Learn how to vary sauces to suit your own taste. It will surely be a mouth watering workshop!

Cost: \$15.00
Date: Monday, January 28, 2013
Time: 6:00pm-7:30pm
Location: The Angle Dining Restaurant
Reg. Deadline: Monday, January 21, 2013
Instructor: Gabor Bede, 540-493-8391

***NEW* COOKING WITH LEFT OVERS WORKSHOP**

This workshop is designed to show people clever and delicious ways to use excess food while minimizing waste and saving money.

Cost: \$15.00
Date: Monday, February 4, 2013
Time: 6:00pm-7:30pm
Location: The Angle Dining Restaurant
Reg. Deadline: Monday, January 28, 2013
Instructor: Gabor Bede, 540-493-8391

***NEW* BACK2BASICS COOKING SCHOOL WITH CHEF GABOR- (6 weeks)**

These classes will teach you step by step instructions on how to prepare mouth watering recipes. You will learn cooking techniques that you will not find in cookbooks. After each class Chef Gabor will serve you a complete meal. Join this six week cooking adventure and travel to the world of European ethnic cuisine.

Cost: \$180.00
Date: Mondays, February 11-March 18, 2013
Time: 6:00pm – minimum of 2 hours each night
Location: The Angle Dining Restaurant
Reg. Deadline: Monday, February 4, 2013
Instructor: Gabor Bede, 540-493-8391

***NEW* INTRODUCTION TO CAMERA TECHNIQUES WORKSHOP**

This is a great class to take if you are interested in learning how to take better pictures with any type of camera. We'll discuss rules of composition, basic use of natural and artificial light, exposure, lens effects, and how to make your images sharper. Portraits, landscapes, and action pictures will be covered. Please bring your camera and owner's manual with you to the workshop.

Ages: 15 & up
Cost: \$20.00
Date: Thursday, February 14, 2013
Time: 6:00pm-8:00pm
Location: The Franklin Center
Reg. Deadline: Thursday, February 7, 2013
Instructor: Wills Holland, 540-312-4585

***NEW* MOVING BEYOND PROGRAM MODES CAMERA WORKSHOP**

Are you interested in doing more with photography than just using your DSLR as an expensive point-and-shoot? If you are ready to take your photography to another level and learn the foundations to making creative images, this workshop is for you. We'll discuss the relationship between shutter speed, aperture, ISO, and exposure modifications and how they affect your pictures. We'll talk about metering and focusing and camera techniques for more creative images. Lastly, we'll introduce the concept of a digital negative, and much like film, discuss the concept of making a digital negative. If you're thinking of taking a college photography class, or you're going on that big photography vacation, or you'd simply like to become a better photographer, this class is a great way to start. Please bring your camera and owner's manual with you to the workshop.

Ages: 15 & up
Cost: \$20.00
Date: Thursday, February 21, 2013
Time: 6:00pm-8:00pm
Location: The Franklin Center
Reg. Deadline: Thursday, February 14, 2013
Instructor: Wills Holland, 540-312-4585

COMPUTER BASICS FOR BEGINNERS CLASSES (3 weeks)

This course will introduce you to a computer's basic features and will show how to make them work for you. Learn basic computer terminology, mouse operation, creating and saving files and internet options. Each student will have a computer to use in class. Feel free to bring your own laptop if you have one.

Ages: 15 & up
Cost: \$30.00
Dates: Tuesdays, February 12, 19, 26, 2013
Time: 6:30pm-8:00pm
Location: The Franklin Center
Reg. Deadline: Tuesday, February 5, 2013
Instructor: Jacob Dill, 540-577-7700

MICROSOFT OFFICE FOR BEGINNERS CLASSES (3 weeks)

This course will teach you how to create and edit documents; as well as, explore Excel and PowerPoint. Each student will have a computer to use in class.

Ages: 15 & up
Cost: \$30.00
Dates: Thursdays, March 14, 21, 28, 2013
Time: 6:30pm-8:00pm
Location: The Franklin Center
Reg. Deadline: Tuesday, March 7, 2013
Instructor: Jacob Dill, 540-577-7700

***NEW* BEGINNING SEWINGS CLASSES (6 weeks)**

If you've always wanted to learn to sew or are looking to refresh your sewing skills then this exciting class is for you. Techniques, terminology, hand sewing, pattern reading and much more will be covered in this six week course. Students will use the knowledge gained from this class to make a pair of pillowcases, a draw string bag, and envelope pillow cover. You must bring your own portable sewing machine, accessories, and manual to class. Supply list is given at the first class.

Ages: 18 & up
Cost: \$40.00
Dates: Thursdays, February 21-March 28, 2013
Time: 6:00pm-8:00pm
Location: The Franklin Center
Reg. Deadline: Thursday, February 14, 2013
Instructor: Norma Silvius, 540-521-8496



BASIC KNITTING CLASSES

Learn the only two stitches you need to make any knitted project, knit and purl. By the end of class you will have the skills you need to venture out into the wide world of knitting, as well as a fabulous spa-cloth to use or give away! **CHOOSE 1 CLASS!**

Cost: \$25.00+ supplies
 Dates: Saturday, February 2, 2013
 Saturday, March 2, 2013
 Saturday, April 6, 2013
 Time: 2:00pm-4:00pm
 Location: The Crooked Stitch
 Reg. Deadline: One Week Prior to Class
 Instructor: Whitney Harmon, 540-420-7129

SOCK KNITTING CLASSES (3 weeks)

Sh! Don't tell anyone, but socks are EASY! Bring your basic knitting skills back to The Crooked Stitch and we will help you bring it up a notch! In three easy classes you will learn everything you need to know to create any type of knitted sock. Class includes basic pattern reading skills; as well as, a basic sock pattern personalized for your foot or the foot of a loved one! **CHOOSE 1 SERIES OF CLASSES!**

Cost: \$40.00+supplies
 Dates: Tuesdays, February 12, 19, 26, 2013
 Tuesdays, March 12, 19, 26, 2013
 Tuesdays, April 9, 16, 23, 2013
 Time: 6:00pm-7:30pm
 Location: The Crooked Stitch
 Reg. Deadline: One Week Prior To Class
 Instructor: Whitney Harmon, 540-420-7129

BASIC QUILTING CLASS

Quilting is a time honored skill that has been reinvented for the 21st Century! Easy and fun, quilting is a craft enjoyed by men and women of all ages. Come and let us show you how to create a beautiful and useful table runner that will teach you all the skills needed for traditional piecing. All materials will be available at the Crooked Stitch. **CHOOSE 1 CLASS!**

Cost: \$40.00+supplies
 Dates: Saturday, February 2, 2013
 Saturday, March 2, 2013
 Saturday, April 6, 2013
 Time: 2:00pm-6:00pm
 Location: The Crooked Stitch
 Reg. Deadline: One Week Prior To Class
 Instructor: Whitney Harmon, 540-420-7129

***NEW* T-SHIRT QUILT CLASSES**

Save your closet from piles of team t-shirts that are no longer worn or preserve the memories of the by-gone sizes of your children. Learn the basic steps to put together fabulous t-shirt quilts that will be well loved by every member of your family.

Cost: \$60.00+supplies
 Dates: Saturday, February 2, 2013
 Saturday, March 2, 2013
 Saturday, April 6, 2013
 Time: 9:00am-Noon
 Location: The Crooked Stitch
 Reg. Deadline: Wednesday, January 31, 2013
 Instructor: Whitney Harmon, 540-420-7129

***NEW* BEADED NECKLACE KNITTING CLASS**

Combine your love of knitting and your love of beautiful jewelry while making a stylish beaded necklace. We will be using patterns from Betsy Bead, as well as top quality kits from Fiesta Yarns. **CHOOSE 1 CLASS!**

Cost: \$15.00+supplies
 Dates: Saturday, February 2, 2013
 Saturday, March 2, 2013
 Saturday, April 6, 2013
 Time: Noon-3:00pm
 Location: The Crooked Stitch
 Reg. Deadline: One Week Prior To Class
 Instructor: Whitney Harmon, 540-420-7129

***NEW* QUILT AS YOU GO JACKET CLASS**

Use your favorite fabrics and a sweatshirt to make a beautiful jacket. Placement is key and you will be so surprised with how elegant you can make a jacket. We will learn about Quilt as you go, color choice, decorative stitches, and fitting. Please plan to bring your sewing machine and a sweatshirt.

Cost: \$40.00+ supplies
 Dates: Friday, February 22, 2013
 Time: 6:00pm-8:00pm
 Location: The Crooked Stitch
 Reg. Deadline: Friday, February 15, 2013
 Instructor: Whitney Harmon, 540-420-7129

***NEW* TUMBLER STYLE COMPOSTER WORKSHOP**

This workshop will teach you about how organic material can be used as a soil amendment or as a medium to grow plants. You will build your own composter to take home. Let's keep our world beautiful and alive by nurturing our gardens with the best supplier of nutrients... homemade compost. Your finished project will be 4½ feet tall by 2½ feet wide by 3½ feet deep. **TUMBLE AWAY!! CHOOSE 1 CLASS!**

Cost: \$75.00
 Dates: Thursday, January 24, 2013
 Thursday, February 21, 2013
 Thursday, March 21, 2013
 Thursday, April 18, 2013
 Time: 5:30pm-7:30pm
 Location: The Franklin Center
 Reg. Deadline: One Week Prior to Workshop
 Instructor: Kathy Smith, 540-483-5341, ext. 117



***NEW* RAIN BARREL WORKSHOP**

Combining the use of rain barrels with appropriate plant selection and mulching promotes water conservation. Rain barrels benefit your home, garden and community. Each barrel is approximately 53 gallons, 42 inches in height, and 24 inches in diameter. Please have the proper transportation to take the barrels home. **CHOOSE 1 CLASS!**

Cost: \$40.00
 Dates: Thursday, January 10, 2013
 Thursday, February 7, 2013
 Thursday, March 7, 2013
 Thursday, April 4, 2013
 Time: 5:30pm-7:00pm
 Location: The Franklin Center
 Reg. Deadline: One Week Prior to Workshop
 Instructor: Kathy Smith, 540-483-5341, ext. 117

WELLNESS

PRE-SCHOOL BALLET CLASSES (8 weeks)

Join us as we learn the basics of ballet and make new friends. Ballet requires the use of muscles in the arms, legs and torso, and the various movements are designed to increase physical strength, flexibility and range of motion. In addition to its physical benefits, ballet can also help to improve children's mental and emotional health. Ballet can also help children to forge new friendships, overcome shyness or awkwardness in social situations, and reduce the fears associated with performing in front of an audience. Parents will get the opportunity to enjoy a recital on the last class!

Ages: 3-5
Time: 5:30pm-6:20pm
Cost: \$50.00
Dates: Tuesdays, February 19 - April 16, 2013
(no class on April 2, 2013)
Location: Rocky Mount Elementary School Gym
Reg. Deadline: Tuesday, February 12, 2013
Instructor: Avery Ardis, 615-574-5936

BEGINNER BALLET CLASSES (8 weeks)

Join us as we learn the basics of ballet and make new friends. Ballet requires the use of muscles in the arms, legs and torso, and the various movements are designed to increase physical strength, flexibility, and range of motion. In addition to its physical benefits, ballet can also help to improve children's mental and emotional health. Ballet can also help children to forge new friendships, overcome shyness or awkwardness in social situations and reduce the fears associated with performing in front of an audience. Parents will get the opportunity to enjoy a recital on the last class!

Grades: 5-8
Time: 6:30pm-7:20pm
Cost: \$50.00
Dates: Tuesdays February 19- April 16, 2013
(no class on April 2, 2013)
Location: Rocky Mount Elementary School Gym
Reg. Deadline: Tuesday, February 12, 2013
Instructor: Avery Ardis, 615-574-5936

INTERMEDIATE BALLET/JAZZ CLASSES (8 weeks)

Join us as we learn the basics of ballet and jazz. Ballet requires the use of muscles in the arms, legs and torso, and the various movements are designed to increase physical strength, flexibility, and range of motion. In addition to its physical benefits, ballet can also help to improve children's mental and emotional health. Ballet can also help children to forge new friendships, overcome shyness or awkwardness in social situations, and reduce the fears associated with performing in front of an audience. Ballet can also serve as the foundation for learning other forms of dance, such as jazz, hip-hop, or tap. Parents will get the opportunity to enjoy a recital on the last class!

Grades: 6-9
Cost: \$50.00
Dates: Tuesdays, February 19 - April 16, 2013
(no class on April 2, 2013)
Time: 7:30pm-8:20pm
Location: Rocky Mount Elementary School Gym
Reg. Deadline: Tuesday, February 12, 2013
Instructor: Avery Ardis, 615-574-5936

***NEW* FOR THE LOVE OF DANCE CLASSES (10 weeks)**

Tap dancing is beneficial in many ways. Benefits of tap dance include increasing cardiovascular conditioning, strength, flexibility, and coordination. Tap builds strength in the legs and feet in addition to increasing flexibility in the hips, knees, and ankles. Cognitive abilities are also enhanced, as tap dancers must develop both mental and muscle memory to become proficient at tapping. In these classes you will have fun, learn some moves, make friends, and satisfy that craving your child has for dance! Parents will get the opportunity to enjoy a recital on the last class!

Ages: 3-5
Cost: \$50.00
Dates: Thursdays, March 7- May 16, 2013
(no class on April 4, 2013)
Time: 6:00pm-6:45pm
Location: Rocky Mount Elementary School Gym
Reg. Deadline: Thursday, February 28, 2013
Instructor: Danielle Gray, 540-483-4354

***NEW* FOR THE LOVE OF DANCE CLASSES (10 weeks)**

Tap dancing is beneficial in many ways. Benefits of tap dance include increasing cardiovascular conditioning, strength, flexibility, and coordination. Tap builds strength in the legs and feet in addition to increasing flexibility in the hips, knees, and ankles. Cognitive abilities are also enhanced, as tap dancers must develop both mental and muscle memory to become proficient at tapping. In these classes you will have fun, learn some moves, make friends, and satisfy that craving your child has for dance! Parents will get the opportunity to enjoy a recital on the last class!

Ages: 6-9
Cost: \$50.00
Dates: Thursdays, March 7- May 16, 2013
(no class on April 4, 2013)
Time: 7:00pm-7:45pm
Location: Rocky Mount Elementary School Gym
Reg. Deadline: Thursday, February 28, 2013
Instructor: Danielle Gray, 540-483-4354

ZUMBA CLASSES (10 weeks)

Zumba is a style of intense dance aerobics workout with pulsating Latin music. Get lost in the music and dancing while making exercise fun. This class focuses on dance steps and ab work while dancing. It's Hot and it is Latin so come join us!

Ages: 13 & up
Cost: \$50.00
Dates: Mondays, February 25-April 29, 2013
Time: 6:00pm-7:00pm
Location: Rocky Mount American Legion Building
Reg. Deadline: Monday, February 18, 2013
Instructor: Megan Sawyers, 540-493-3652

YOGA CLASSES (10 weeks)

Beginners and intermediates will benefit from increased flexibility, balance and better posture. Wear comfortable clothes and bring a yoga mat to class.

Ages: 18 & up
Cost: \$50.00
Dates: Tuesdays, February 12-April 16, 2013
Time: 6:00pm-7:00pm
Location: Rocky Mount Train Depot
Reg. Deadline: Tuesday, February 5, 2013
Instructor: Norma Silvius, 540-521-8496



SCIENCE WITH MISS "JET"

Do you remember me, Miss "Jet" from the Science Museum? —

She is now bringing science right here to you in Franklin County. Come join her for some bouncy, fizzy, and slimy fun!

ROCK HOUNDS

Rocks tell the story of our Earth's history. What is the difference between a rock and a mineral? How do rocks form? Discover what lies beneath our feet and start your own rock collection.

Ages: 6-12
 Cost: \$13.00 per student
 Date: Saturday, January 12, 2013
 Time: 10:00am-11:00am
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: Wednesday, January 9, 2013
 Instructor: Jeanette Lawler, 540-334-2546

CAN YOU DIG IT?

Become a "junior paleontologist", find out fascinating facts about fossils, and discover how scientists dig for dinosaur bones and other fossils.

Ages: 6-12
 Cost: \$13.00 per student
 Date: Saturday, January 19, 2013
 Time: 10:00am-11:00am
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: Wednesday, January 16, 2013
 Instructor: Jeanette Lawler, 540-334-2546

RAZZLE DAZZLE CHEMISTRY

What does it matter? Solids, liquids, or gases? Discover the chemistry all around us and explore the fizzy, colorful world of acids and bases. Sign-up quick and reserve your very own seat at the periodic table!

Ages: 6-12
 Cost: \$13.00 per student
 Date: Saturday, February 2, 2013
 Time: 11:00am-Noon
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: January 30, 2013
 Instructor: Jeanette Lawler, 540-334-2546

CRAZY CHEMISTRY

Calling all young scientists to put their chemical knowledge to the test! Do you know what a "polymer" is? Join us for some slimy, messy, stretchy, and bouncy fun!

Ages: 6-12
 Cost: \$13.00 per student
 Date: Saturday, February 16, 2013
 Time: 11:00am-Noon
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: February 13, 2013
 Instructor: Jeanette Lawler, 540-334-2546

WIZARD SCIENCE I

Calling all young wizards and witches to this workshop! Learn how to do "invisibility" and "freezing spells". Come try your hand in the "potions" class. Discover the scientific explanations for some of the "magic" of Harry Potter but watch out for our "dragon fire".

Ages: 6-12
 Cost: \$15.00 per student
 Date: Saturday, March 9, 2013
 Time: 11:00am-Noon
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: Wednesday, March 6, 2013
 Instructor: Jeanette Lawler, 540-334-2546



*Phyllium Westwood II,
a stick insect*

CREEPLY CRAWLIES

What is the difference between an insect and a spider? Do you like to catch fireflies in the summer? Then this is the class for you because some are creepy, some are silly, but all have their own special place in the world. Learn about different bugs and what makes them unique!

Ages: 6-12
 Cost: \$13.00 per student
 Date: Saturday, March 23, 2013
 Time: 11:00am-Noon
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: Wednesday, March 20, 2013
 Instructor: Jeanette Lawler, 540-334-2546

SHRINKY-DINKS

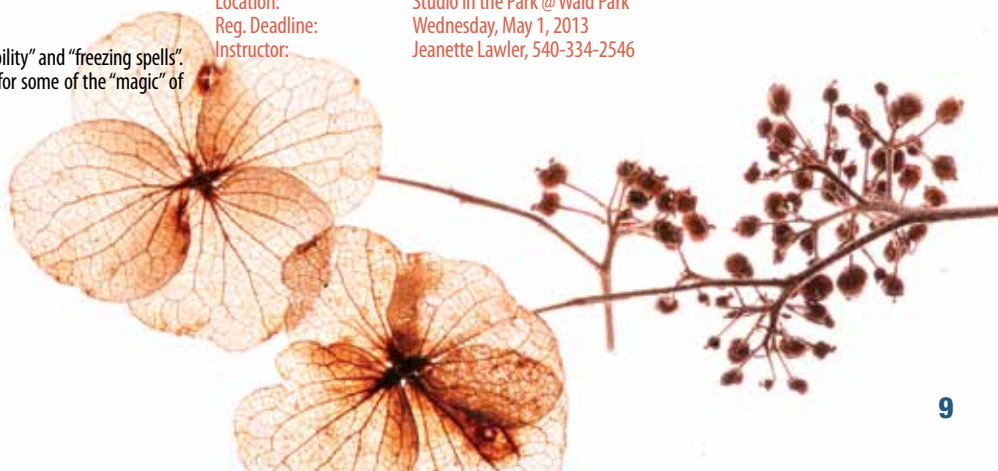
Help celebrate Earth Day everyday! Discover ways that you can reduce, reuse, recycle, and conserve our natural resources. Make your own treasure from "trash".

Ages: 6-12
 Cost: \$13.00 per student
 Date: Saturday, April 20, 2013
 Time: 11:00am-Noon
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: Wednesday, April 17, 2013
 Instructor: Jeanette Lawler, 540-334-2546

NATURAL ART

Learn about and use a wide variety of nature's plant, animal and mineral materials. Use pressed plant and other natural material to create a bookmark or decorate a magnetic photo frame with plants, shells, and other treasures from nature. Add your own photo for a special gift!

Ages: 6-adult
 Cost: \$13.00 per student
 Date: Saturday, May 4, 2013
 Time: 11:00am-Noon
 Location: Studio in the Park @ Waid Park
 Reg. Deadline: Wednesday, May 1, 2013
 Instructor: Jeanette Lawler, 540-334-2546



SPECIAL EVENTS

MONTHLY CORNHOLE TOURNAMENTS

Come show off your skills at these family atmosphere tournaments. These are double elimination style tournaments, and trophies will be awarded to the top three winners in each division. Those who register enter into a door prize drawing and there is a special award for those who do not compete so well in the tournaments.

Divisions: Youth & Adult Singles & Doubles
 Cost: \$5.00 per player
 Dates: Friday, March 8, 2013 @ Franklin County Parks & Recreation Large Shelter
 Friday, April 12, 2013 @ Franklin County Parks & Recreation Large Shelter
 Time: Registration 5:45pm-6:15pm
 Tournament begins at 6:30pm
 Information: mcrablitt@franklincountyva.org or 540-483-9293

THE BRAWL DISC GOLF TOURNAMENT

Contact Jeff Peters at jpeters@uttermost.com to find out about this awesome tournament.

Date: Saturday, January 12, 2013
 Location: Franklin County Parks & Recreation Disc Golf Course

FAMILY BINGO NIGHT

Come take your chance at winning some awesome prizes as we play twenty games of bingo. Only one card per player and concessions will be available.

Ages: All
 Cost: \$1.00 per card
 Dates: Friday, February 22, 2013
 Time: 6:30pm-8:30pm
 Location: Rocky Mount Elementary School Cafeteria
 Information: mcrablitt@franklincountyva.org or 540-483-9293

15th ANNUAL EASTER EGG HUNT

Come join us as over 15,000 eggs will be hidden at Waid Park. The Easter Bunny will be there for photo opportunities, so do not forget to bring your camera! Concessions will be available on site.

Ages: 12 & under
 Cost: **FREE**
 Date: Saturday, March 30, 2013
 Time: 2:00pm
 Location: Waid Park
 Information: mcrablitt@franklincountyva.org or 540-483-9293

CHUG FOR THE JUG 5K RACE & HEALTH WALK

Join us on Saturday, April 20, 2013 at the Rocky Mount Farmer's Market for a 5K Race, Health Walk and Kids Fun Run. Awards will be given to the top finishers in each age division. Jugs will be awarded to the top 3 Overall Male & top 3 Overall Female runners in the 5K, and to each age division winner. Second and 3rd place finisher will also receive an award. First-3rd place Health Walk walkers will receive an award. | The winning Health Walk Team will accept and "own" the coveted trophy for one year.
 Log onto www.franklincountyva.gov/parks to register.

Cost: \$20.00 5K-adults*
 \$10.00 17 & under*
 \$10.00 Health Walk*
 FREE Kids Fun Run- ages 12 & under
 Date: Saturday, April 20, 2013
 Time: 8:30am Kids Fun Run
 9:00am Health Walk & 5K Race
 Location: Rocky Mount Farmers Market

*** After April 12, 2013 there will be an additional \$5 per runner fee added.
 Register prior to April 12th to avoid additional costs.**

Information: mcrablitt@franklincountyva.org or 540-483-9293

BLUE RIDGE BIG BASS CLASSIC/OAKLEY BIG BASS TOURNAMENT

Come see University teams from Alabama to New York compete in this regional qualifying tournament for the Bassmaster Classic. There will be hourly weigh-ins and the top prize is a \$20,000 bass boat plus lots of cash!

Date: April 20-21, 2012
 Location: Bridgewater Plaza @ Smith Mountain Lake
 Information: debraweir@franklincountyva.org or 540-420-8501

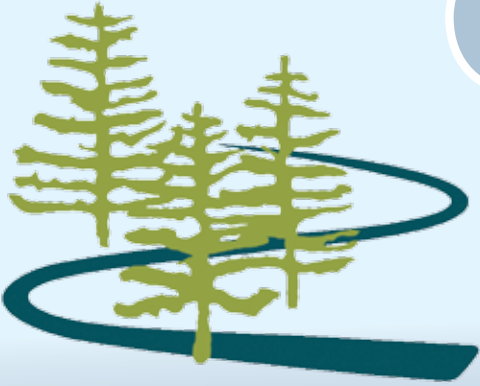


FRANKLIN COUNTY 4-H CAMP-Ages 9-13 as of September 30, 2013

This is an overnight camp where you will get to take classes like canoeing, kayaking, archery, climbing, riflery, and many more. Limited scholarships are available, so please contact the office of Virginia Cooperative Extension for an application or go to <http://offices.ext.vt.edu/franklin/> to download an application form. Camp registrations will be accepted until camp is full or May 3, 2013. If you are ages 15-19 and are interested in becoming a Teen Counselor please contact Amber Wilson or Tania Rohlfis at 540-483-5161.

Cost: \$225.00 per camper
 Date: June 24-28, 2013
 Location: W.E. Skelton 4-H Educational Center
 Registration: <http://offices.ext.vt.edu/franklin/>
 Information: Amber Wilson, 540-483-5161

NAME OUR MAGAZINE CONTEST & PHOTO CONTEST



FRANKLIN COUNTY
PARKS & RECREATION



HAVE FUN...



**WHILE YOU MAKE HISTORY
WITH US!**

Have some fun coming up with a name for our magazine
and /or submit a photo which could be used for our cover!

NAME THE FCPR MAGAZINE CONTEST

Franklin County Parks and Recreation would like for you to come up with a name for our tri-annual Magazine! Contestants should provide their suggested name for the magazine; as well as, personal contact information to receive a phone call or email if you are selected as the winner. Here are four ways to submit your idea:

- 1- Email mcrablitt@franklincountyva.org
- 2- Submit online at www.franklincountyva.gov/parks
- 3- Mail to 2150 Sontag Road, Rocky Mount, VA 24151
- 4- Fax to 540-483-0040

The deadline for submission is Friday, March 29, 2013

For More Information: Marcia Cramblitt, 540-483-9293

FCPR MAGAZINE PHOTO CONTEST

Franklin County Parks and Recreation would like for you to submit a photo for the front cover of our 2013 May-August Magazine. Contestants should provide their photo; as well as, personal contact information to receive a phone call or email if you are selected as the winner. Photo size should be 8 1/2 x 11 inches at 300 DPI.

The winner will be given credit for their photo. Here are ways to submit your photo.

- 1- Email mcrablitt@franklincountyva.org
- 2- Submit online at www.franklincountyva.gov/parks
- 3- Mail flash drive to 2150 Sontag Road, Rocky Mount, VA 24151

The deadline for submission is Friday, March 29, 2013

For More Information: Marcia Cramblitt, 540-483-9293

TRIPS

CHURCH BASEMENT LADIES TRIP

Join us on **Thursday, January 31, 2013** as we travel to the matinee of "Church Basement Ladies" at the Wohlfahrt Haus Dinner Theatre in Wytheville, Virginia. A celebration of the church basement kitchen and the ladies who work there. Church Basement Ladies is a musical comedy featuring four Lutheran women, their pastor, and their relationship as they organize the food and solve the problems of a rural Minnesota church about to undergo changes in 1965. Funny and down to earth, audiences will recognize these ladies as they witness the church year unfold from below the house of God. Prior to the matinee the group will feast on an all inclusive sit down plated meal.

Cost: \$79.00 Seats on the bus are assigned in the order that payment is received.
Includes: Roundtrip motorcoach transportation, an all inclusive sit down lunch, ticket to "Church Basement Ladies", and a tour host.
Date: Thursday, January 31, 2013
Departure: 9:20am from the Clearbrook Walmart
Deadline to Register: January 15, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

BUS TRIP TO GEORGE CARDEN CIRCUS

Join us on **Saturday, February 2, 2013** as we travel to Roanoke, VA for the George Carden International Circus! Enjoy a beautiful 3-ring production that is fascinating to children of all ages. Indisputably the largest and most highly acclaimed Shrine Circus today! You will see Circus Acts such as: Ringmaster, Elephants, Daniel Raffo, Tigers, Johnny & Perla, Animal Antics, Aerial Artistry, and more! Following the circus you will have an opportunity to have lunch on your own at Roanoke's downtown Market Building. You can also visit the Taubman Museum of Art.

Cost: \$69.00 Adults; \$59 Children under 10.
 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, ticket to George Carden International Circus and a tour host.
Date: Saturday, February 2, 2013
Departure: 8:40am from the Rocky Mount Walmart
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

VALENTINES AT HILLBILLY HIDE-A-WAY

Join us on **Saturday, February 16, 2013** as we travel to the Hillbilly Hide-a-Way in Walnut Cove, NC to enjoy a Hillbilly Valentines Celebration. You will feast on an all you can eat, all inclusive, family style meal consisting of such things as: Fried Chicken, Meat Loaf, Country Ham, Barbeque Ribs, Pinto Beans, Potatoes, Green Beans, Corn, Slaw, Baked Apples, a Valentine Dessert, Coffee, and Tea. After dinner you will have an opportunity to enjoy a 3 hour music show of country, bluegrass, and gospel music. Prior to the dinner show we will stop at Madison Mercantile.

Cost: \$69.00 Seats on the bus are assigned in the order that payment is received.
Includes: Roundtrip motorcoach transportation, a visit to Madison Mercantile, an all you can eat Family Style Meal at Hillbilly Hide-A-Way, a 3 hour music show of country, and a tour host.
Date: Saturday, February 16, 2013
Departure: 1:45pm from the Rocky Mount Food Lion
Deadline to Register: January 25, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

PEACE LIKE A RIVER TRIP

Join us on **Tuesday, February 26, 2013** as we travel to the matinee of Peace Like a River at the Barn Dinner Theatre in Greensboro, NC. It's time to celebrate Unity Day at the Harmony Valley Church, and as usual, the congregation is anything but unified. Delbert, Bernadine, Mother Duncan and all the rest are back in the laugh-filled sequel to Peace In The Valley with songs like "I'll Fly Away", "We Gather Together", "Blessed Assurance", "Heavenly Sunlight" and "Leaning On The Everlasting Arms". In these times, this PEACE is just what we need—an inspiring, uplifting musical comedy! Prior to the show you will enjoy a delicious buffet of assorted salads, baked chicken, roast beef, honey glazed ham, and a variety of hot dishes and desserts.

Cost: \$79.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, an all inclusive buffet meal, matinee ticket to Peace Like A River, and a tour host.
Date: Tuesday, February 26, 2013
Departure: 9:45am from the Rocky Mount Food Lion
Deadline to Register: February 8, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.



A TASTE OF NASHVILLE TRIP

Join us as on **Friday-Sunday, March 1-3, 2013** as we travel to Nashville, Tennessee. **Day 1** you will have a chance to see Cooters Place. The Opryland Hotel and other Nashville attractions. This evening we will attend a show at the Nashville Night Life Dinner Theatre. There will be celebrity appearances in this celebration of Country Music from past and present. **Day 2** we will visit the gravesite of Mother Maybelle Carter, June Carter Cash, and Johnny Cash. We will do our Homes of the Stars tour and make our way to the former Twitty City. We then will make our way to Music Row where you will have lunch on your own. In the evening hours you may choose (on your own) to visit Opry Mills, The Opryland Hotel, The Grande Ole Opry or the Texas Troubadour Theatre—all within walking distance from your hotel. There is also a shuttle available. There will be a midnight Jamboree at the Ernest Tubb Record Shop, within a few feet of the hotel. Some of the performers from the Opry come over once the Opry lets out. **Day 3** we will tour the Willie Nelson Museum and see memorabilia of various celebrities. We then will attend Nashville's Cowboy Church with Joanne Cash Yates—the sister of Johnny Cash.

Cost: \$359 Double \$349 Triple \$339 Quad \$429 Single. Full payment is due when reservations are made. Seats on the bus are assigned in the order that the payment is received.
Includes: Roundtrip motorcoach transportation, Hardee's biscuit and juice on upon departure, 1 dinner and 1 show at Nashville Night Life, 2 nights lodging, 2 continental breakfasts at hotel, step on guide for Nashville Tour and home of Stars Tour, admission to Willie Nelson Museum, Ernest Tubb Record Shop, Cowboy Church, and a tour host.
Date: Friday-Sunday, March 1-3, 2013
Departure: 6:20 from the Clearbrook Walmart
Deadline to Register: February 15, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.



Photo by Nancy Vance

HIGHLAND MAPLE FESTIVAL TRIP

Join us as on **Saturday, March 9, 2013** as we travel to Highland County, Virginia's Switzerland, to their 55th Annual Maple Festival. This unique celebration has been designated a local legacy by the Library of Congress. Sugar Camp tours provide a unique and educational glimpse of a rapidly vanishing way of American life. We will view the process of tapping maple trees for syrup making. Festival fare food includes food vendors with local specialties, over 160 quality artists and crafters, clogging groups, folk singers, and storytellers.

Cost: \$69.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, Hardee's biscuit and juice on bus, ticket to Highland Center Arts & Crafts Show, sugar camp tour, dinner, and a tour host.
Date: Saturday, March 9, 2013
Departure: 6:30 from the Clearbrook Walmart
Deadline to Register: February 26, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

SOUTHERN NIGHTS TRIP

Join us as on **Thursday, March 14, 2013** as we travel to the matinee of Southern Nights at the Wohlfahrt Haus Dinner Theatre in Wytheville, Virginia. Hey Good Lookin', it's time to get Back in the Saddle Again and hit the Happy Trails that lead to WHDT before the Next Teardrop Falls. You're a Rhinestone Cowboy, She's a Coal Miner's Daughter, and It's Family Tradition to Boot, Scoot and Boogie until the Delta Dawn. Bring all your Friends in Low Places and let this cast of Honky Tonk Angels and our live band entertain you with the most beloved music of all time. Prior to the matinee the group will feast on an all inclusive sit down plated meal.

Cost: \$79.00 Seats on the bus are assigned in the order that payment is received.
Includes: Roundtrip motorcoach transportation, an all inclusive sit down lunch, ticket to "Southern Nights", and a tour host.
Date: Thursday, March 14, 2013
Departure: 9:20am from the Clearbrook Walmart
Deadline to Register: March 1, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

SPRING MYSTERY TRIP

Join us as on **Saturday, March 16, 2013** as we travel on our Spring Mystery Trip. Are you ready? Today we will travel someplace we have never been! Will it be North, South, East, or West? It will be a fun time for everyone. Lunch is included.

Cost: \$69.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, an all inclusive lunch, matinee admission to all attractions, and a tour host.
Date: Saturday, March 16, 2013
Departure: 7:00am from the Rocky Mount Walmart
Deadline to Register: March 1, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

CHERRY BLOSSOM TRAIN TO WASHINGTON D.C. TRIP

Join us on **Sunday, March 24, 2013** as we travel to Washington D.C. for the 101st Anniversary of the Cherry Blossoms. We will travel from Rocky Mount to Lynchburg by bus. We will board the Amtrak train in Lynchburg for our scenic excursion. The train will go through Charlottesville, Culpepper, Manassas, Alexandria and several small towns, communities and farms on its journey. You will cross the Potomac River by rail and see the Cherry Blossoms on the other side. We arrive at Union Station and you can enjoy lunch in the food court and shop. Next door to the train station is the National Museum of the Postal Service. You will have 3 hours to enjoy D.C. before you board the train back to Lynchburg.

Cost: \$129.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation from Rocky Mount to Lynchburg, roundtrip ticket on Amtrak from Lynchburg to Washington D.C., and a tour host.
Date: Sunday, March 24, 2013
Departure: 7:25am from the Rocky Mount Walmart
Deadline to Register: February 9, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

CHERRY BLOSSOM & TWO DAYS OF OUR NATIONS CAPITOL TRIP

Join us on **Saturday-Sunday, April 6-7, 2013** as we travel by bus and train to Washington D.C. Day 1 we travel from Roanoke to Lynchburg by motorcoach where we board the Amtrak train for our scenic excursion. The train goes through Charlottesville, Culpepper, Manassas and Alexandria. You will cross the Potomac River by rail. We arrive at Union Station and you can enjoy lunch in the food court and shop. You can also go next door to Smithsonian's National Museum of the Postal Service. We then board the bus and stop at the Capitol Visitors Center. We will see the Cherry Blossoms as we make our way to visit various monuments and memorials. Day 2 is Holocaust Remembrance Day, and we will visit the U.S. Holocaust Museum. We will then take you to the National Mall, where you will visit the Smithsonian Museums of your choice.

Cost: \$249.00 Double; \$244 Triple; \$239 Quad; \$289 Single.
Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, ticket on Amtrak train from Lynchburg to Washington D.C., one night's lodging, visits to museums, memorials and monuments, and a tour host.
Date: Saturday-Sunday, April 6-7, 2013
Departure: 7:15am from the Clearbrook Walmart
Deadline to Register: February 19, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.



THE COLOR PURPLE TRIP

Join us on **Tuesday, April 9, 2013** as we travel to the matinee of The Color Purple at the Barn Dinner Theatre in Greensboro, NC. that is based on the classic Pulitzer Prize winning novel by Alice Walker and the moving film by Steven Spielberg. It is the unforgettable and inspiring story of a woman named Celie who finds strength to triumph over adversity and discover her unique voice in the world. With a joyous, Grammy nominated score featuring gospel, jazz, pop, and blues. This musical show is about hope and the healing power of love being translated beautifully into an amazing musical experience. Prior to the show, you will enjoy a delicious buffet of assorted salads, baked chicken, roast beef, honey glazed ham, and a variety of hot dishes and desserts.

Cost: \$79.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, an all inclusive buffet meal, matinee ticket to The Color Purple, and a tour host.
Date: Tuesday, April 9, 2013
Departure: 9:45am from the Rocky Mount Food Lion
Deadline to Register: March 20, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.



GREENBRIER HOTEL & BUNKER TRIP

Join us on **Saturday, April 20, 2013** as we travel to White Sulphur Springs, West Virginia to tour the Greenbrier Bunker and Hotel. The U.S. Government maintained a Top-Secret Underground Bunker during the Cold War. The Bunker, built under the Greerbrier, was designed to house the members of the House of Representatives and the Senate in case of Nuclear Attack. The facility maintained a secret for 35 years and was never used until an Investigative Reporter from the Washington Post disclosed the secret. We will have a guided tour of the bunker. You will be able to tour the hotel on your own. This hotel has hosted Presidents and many other famous dignitaries. Lunch is included and is at the Mason Jar in White Sulphur Springs. After leaving the Bunker we will make a picture stop at the Humpback Bridge. This is one of eight remaining covered bridges in the state of Virginia.

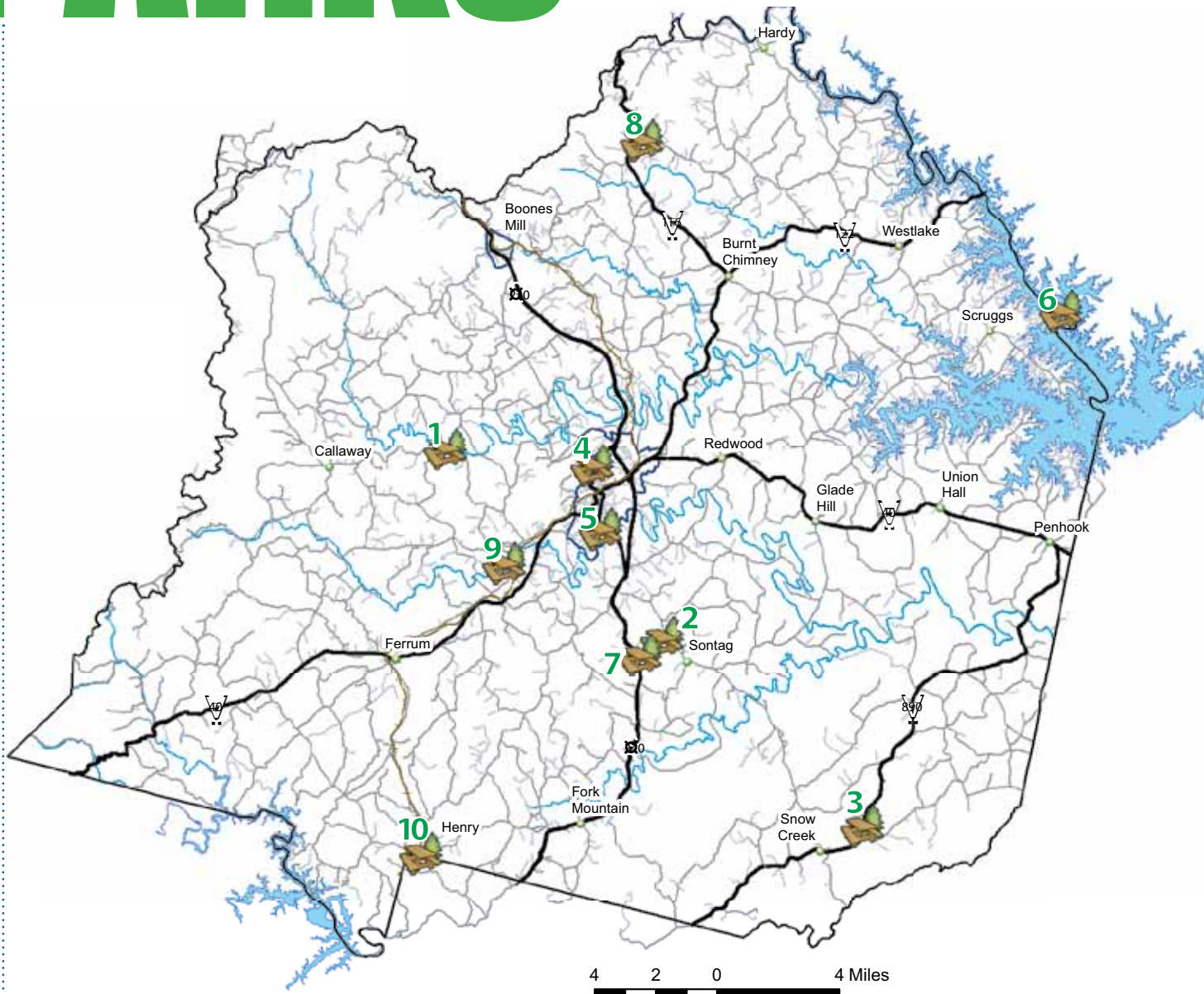
Cost: \$99.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, admission to Bunker Tour, a self-guided tour of the Greenbrier Hotel, an all inclusive lunch at the Mason Jar, a picture stop at the Humpback Bridge, and a tour host.
Date: Saturday, April 20, 2013
Departure: 7:25am from the Rocky Mount Food Lion
Deadline to Register: April 5, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

SPRINGTIME IN MAYBERRY TRIP

Join us on **Saturday, April 27, 2013** as we travel to Mount Airy, North Carolina to the hometown of Andy Griffith who served as the inspiration for the fictional town of Mayberry. Our local guide will take us to see Floyd's Barber Shop, Andy's boyhood home, granite buildings, the world's largest open faced granite quarry and replicas of Wally's Service Station and the Mayberry Jail and Courthouse. You will also see the Andy and Opie statue plus a collection of memorabilia from the Andy Griffith Show at the Andy Griffith Museum. There will also be a tour of the Gertrude Smith house which is a 1903 Victorian style home. Lunch is included at Snappy Lunch, where Andy often had lunch as a young lad.

Cost: \$69.00 Full amount is due when reservation is made.
Includes: Roundtrip motorcoach transportation, a step on guide for Mayberry Tour, admission to the Andy Griffith Museum, and all other attractions, lunch at Snappy Lunch, and a tour host.
Date: Saturday, April 27, 2013
Departure: 7:25am from the Rocky Mount Food Lion
Deadline to Register: April 13, 2013
For more Information: Call Ernie Dale, tour host, at 540-366-2888.

PARKS



FRANKLIN COUNTY
PARKS & RECREATION

PARK #	PARK NAME
1	Brubaker Park
2	Franklin County Recreation Department
3	Snow Creek Community Park
4	Rocky Mount Rotary Skate Park
5	Lynch Park
6	Smith Mountain Lake Community Park
7	LARC Field
8	Winday Gap Community Park
9	Waid Park
10	King Park at Henry Village



Franklin County Parks & Recreation Registration Form

2150 Sontag Road Rocky Mount, VA 24151

540-483-9293 office 540-483-0040 fax

REGISTER ONLINE AT: www.franklincountyva.gov/parks



SPORT OR CLASS YOU ARE REGISTERING FOR: _____

Child's Name: (First) _____ (Middle) _____ (Last) _____

Child's Address: _____ City: _____ Zip: _____

Date of Birth: _____ Age as of cutoff date (varies per sport): _____

Email Address of Guardian: _____ Child's Gender (please circle) M or F

Primary Phone: _____ Cell Phone _____

Please circle the elementary school district in which your child lives or the school your child attends.

Boones Mill Burnt Chimney Callaway Dudley Ferrum Glade Hill Henry Lee Waid Rocky Mount Snow Creek Sontag Windy Gap

Fees must be paid in order to secure a slot in any fee based program!

Second Choice of Elementary School District if home district is not available: _____

Would you be willing to volunteer to coach? Yes or No Name: _____ Phone # _____

*Parents are urged to call PRIOR to the registration deadline to verify that your child's registration form has been received by the Recreation Department. Late registration forms will be collected, only with the \$15 late fee accompanying the form, and your child will be placed on a team if the child can be accommodated. If your child is placed on a team the \$15 fee is non-refundable.

Liability Waiver Form

I, (participant's name) _____, wish to participate in this 2013 program sponsored by the Franklin County Parks and Recreation. Both myself and my parents/guardians understand the importance of following all rules and regulations relating to this activity, including the instructions of the person/ persons supervising this activity and/or the requirements of the person or entity responsible for the area where the activity takes place. We both agree to follow and comply with all such rules, regulations, instructions, and/or requirements. Both myself and my parents/guardians understand that it is important that I be in good physical condition when I engage in this activity, and understand that it is our responsibility to maintain an activity level that is compatible with my physical condition and skill level. We hereby expressly assume the risk of any physical injury or other loss that I might sustain as a result of my participation in this activity and any transportation related thereto. We further understand that there may be risk of injury traveling to and from the area where the activity will take place. We further expressly waive and covenant not to sue on any claim we might have against the County of Franklin, any officer, any employee of these organizations, any volunteer, or the estate or representative of such persons for any personal injury or loss that I might sustain as a result of engaging in any activity relating to this program whether caused by negligence, breach of contract, or otherwise; except that this waiver shall not apply to any claim we might have against the County, of any such personal injury or loss I might sustain arising out of the gross or wanton negligence of any such persons or entity. **I understand that I am solely responsible for my child's prompt transportation to and from games and practices. I also understand that special requests for a specific team cannot be considered.** In order to participate the child must be home schooled, attending private or public school, or an of age graduate. I also give permission for my child to be photographed and used in any form of publication to promote Franklin County Parks and Recreation. **I am also aware that these photos may be placed on the Franklin County Parks and Recreation website.**

Signature of Parent/Guardian: _____ Date: _____

Printed Name of Parent/Guardian: _____

Emergency Contact Name: _____ Phone #: _____

It is your responsibility to alert your coach or class instructor if you have any physical impairments or physical conditions.

Parent's Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by adhering to this Parent's Code of Ethics Pledge.

- ◇ I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sporting events.
- ◇ I will place the emotional and physical well being of my child ahead of a personal desire to win.
- ◇ I will insist that my child play in a safe and healthy environment.
- ◇ I will support coaches and officials working with my child in order to encourage a positive and enjoyable experience for all.
- ◇ I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sporting events.
- ◇ I will remember that the game is for youth and not for adults.
- ◇ I will do my very best to make youth sports fun for my child.
- ◇ I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
- ◇ I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching and providing transportation.

Parent/Guardian Signature _____

Parent/Guardian Signature _____

Date _____

(PLEDGE FROM NATIONAL YOUTH SPORTS COACHES ASSOCIATION)

"These materials, and the activity described herein, are not sponsored or endorsed by the Franklin County School Board."



A Part of Franklin County's History Since 1952

For 60 years, Carilion Franklin Memorial Hospital (CFMH) has helped bring the best possible healthcare to local residents of southwestern Virginia. Located in the heart of town, it's no wonder the hospital has been a centerpiece of Franklin County's history. And since its opening in 1952, the hospital and its medical team have continuously adapted to the county's healthcare needs, with expanded services and advanced technology.

With a long history of commitment to the community, and some of the highest quality and patient satisfaction scores in the state, CFMH has provided excellence in local healthcare.

For more information on the services offered by CFMH, please call 540-266-6000 or 800-422-8482.



180 Floyd Ave., Rocky Mount, VA 24151 540-483-5277